



## Ultra Pure Whey Protein Vanilla Serving Size 2 scoops (23.7 g)

Convince Der Container 40
Servings Per Container 40

	Amount Per Serving	
Calories	94	
Calories from fat	18	
Total fat	2 g	
Saturated fat	1 g	
Cholesterol	45 mg	
Total carbohydrate	2.5 mg	
Dietary fiber	1 g	
Sugars	2 g	
Protein	16 g	
Vitamin A	0%	
Vitamin C	0%	
Calcium	31%	
Iron	31%	
Thiamin	31%	
Riboflavin	31%	
Vitamin B6	31%	
Vitamin B12	0%	
Pantothenic acid	0%	
Phosphorus	6%	
Magnesium	2.5%	
Zinc	<1%	
Sodium	108 mg	
Potassium	57 mg	
L-glutamic acid	3021 mg	
L-aspartic acid	1756 mg	
L-leucine	1672 mg	
L-lysine	1469 mg	
L-threonine	1113 mg	
<u>L-proline</u>	1011 mg	
L-isoleucine	939 mg	
L-valine	903 mg	
L-alanine	826 mg	
L-serine	825 mg	
<u>L-arginine</u>	401 mg	
<u>L-tyrosine</u>	398 mg	
L-phenylalanine	395 mg	
<u>L-methionine</u>	317 mg	
L-cysteine	307 mg	
Glycine	294 mg	
L-tryptophan	283 mg	
L-histidine	212 mg	
SUGGESTED USE: Add 2 scoops (23.7 grams)		

to 8-12 fl. oz. of milk, juice, or blended smoothie mixture or as directed by your healthcare professional. Avoid heating if you wish to preserve the biological activity of the proteins and immunoglobulins.

## **ULTRA PURE WHEY PROTEIN**

A HIGH-QUALITY, HIGHLY PALATABLE WHEY PROTEIN THAT IS LOW IN FAT AND CARBOHYDRATES

- Supports healthy tissues\*
- Promotes strength and conditioning\*
- Promotes favorable lean body mass to body fat ratios\*
- Supports healthy immune function\*
- Promotes favorable intestinal flora (colonic epithelial and microbial balance)\*
- A great low-carbohydrate, low-fat protein source
- Suitable for all ages and lifestyles (children, elderly, sedentary, athletic)
- In three delicious flavors: chocolate, vanilla, and plain

**ULTRA PURE WHEY PROTEIN** has easily digestible proteins and will help support healthy blood sugar and insulin levels while giving patients a more consistent energy level throughout the day. It also provides an excellent source of biologically active immunoglobulins to support the immune system, lean tissue maintenance, and tissue repair of immunocompromised patients. Ultra Pure Whey Protein is an excellent choice to consider for patients of all ages and lifestyles.\*

Whey protein is the highest biological value protein available. It contains high levels of branched chain amino acids (BCAA) and easily absorbed forms of di- and tri-peptides for nitrogen retention support. The undenatured, biologically active proteins in Ultra Pure Whey Protein supply all essential and non-essential amino acids.\*

Immunoglobulins support a healthy immune system, and Ultra Pure Whey Protein has a high level (approximately 1200 mg per serving) of undenatured, biologically active immunoglobulins.\*

For patients wishing to lose weight, Ultra Pure Whey Protein is an excellent choice. It will help promote fat loss and lean tissue retention.\*



## **ULTRA PURE WHEY PROTEIN**

**REFERENCES:** 

1. Alverdy JC. Effects of glutamine-supplemented diets on immunology of the gut. *J Parenter Enteral Nutr.* 1990;14:109S-113S.

2. Cao Y, Feng Z, Hoos A, Klimberg VS. Glutamine enhances gut glutathione production. *JPEN J Parenter Enteral Nutr.* 1998;22(4):224-7.

3. Cooper AJ. Biochemistry of sulfur-containing amino acids. *Ann Rev Biochem*. 1983;52:187-222.

4. Shils ME, Olsen JA, Shike M. *Modern Nutrition in Health and Disease*. Philadelphia: Lea and Febiger, 1994.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. 032910 Ultra Pure Whey Protein is contaminant-free, tested with multipatented ultra filtration, pH, and a temperature-controlled process.

OTHER INGREDIENTS: Whey protein concentrate, lecithin, Beflora Plus®, fructose (ADM), xanthan gum, natural flavors, salt, silica, D-calcium pantothenate, pyridoxine HCI, riboflavin, thiamin HCI, cyanocobalamin. Contains milk (from whey protein concentrate) and soy (from lecithin and whey protein concentrate).